

SPACED REPETITION TRACKER

Subject: _____

Topic	Actions	1st Review	2nd Review	3rd Review	4th Review	Final Review
	1. 2. 3. 4.					
	1. 2. 3. 4.					
	1. 2. 3. 4.					
	1. 2. 3. 4.					
	1. 2. 3. 4.					

LEARN SPARK RECOMMENDED STUDY TOOLS

SPACED REPETITION TRACKER

Starting Point

Go through your **subject specification** and make a list of the topics you will need to cover.

Keep a record of the different strategies you have used to study each topic during each review e.g.: organising/reviewing notes, doing a practice question or making a graphic organiser.

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Top Tip: Colour code your review dates to indicate how well you know the topic or if you need to work on it more. E.g.: **red** if you found it hard and need to do a lot more work on it; **yellow** if you found it okay, but want to do a bit more to make sure and **green** if you found it easy.

Use these spaces to keep a track of the **date** of each review – leaving more time in between each review: e.g.: next day, 3 days later, a week later.

PURPOSE

This method can be used by students to keep track of how often and how many times they have studied or reviewed a topic. It allows the students to be fully aware of the topics they need to cover and to manage their time on each topic, depending on how well they are progressing with it.

QUICK TIP

Students should think about pairing their spaced repetition with interleaving – studying different topics and subjects alternatively in each study session.

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